



THE
Mandy
SPA

THE MARLY MASSAGES

Therapeutic Massage

A full-body massage including scalp and feet, designed for complete relaxation.

*Choose an ointment tailored to your needs to enhance
therapeutic benefits.*

60min | R 1 100.00

90min | R 1 550.00

Deep Tissue Massage

*Targets deeper layers of muscle and connective tissue to relieve chronic
tension, ease stiffness, and promote recovery.*

60min | R 1 300.00

90min | R 1 650.00

Magnesium Massage

*A restorative massage enhanced with magnesium-infused balms to reduce
muscle tension, relieve fatigue, and support relaxation.*

60min | R 1 300.00

90min | R 1 650.00

Nurturing Massage

*A gentle massage designed for mothers-to-be, focusing on areas needing the
most care during pregnancy.*

Includes a soothing and warm foot pressure point treatment.

60min | R 1 350.00

90min | R 1 700.00

Muscle Renewal (Sports) Massage

A targeted treatment for active bodies to restore, relax, and revive muscles.

Oil Infused with CBD.

90min | R 1 850.00

Bellabaci Massage

*A specialised cupping massage to stimulate circulation, release tension,
improve lymphatic flow, reduce cellulite, and detoxify the body.*

60min | R 1 300.00

90min | R 1 650.00

THE MARLY MASSAGES CONTINUED...

Gua Sha Lymph Massage

A soothing treatment using Gua Sha tools to relieve tension, improve lymphatic flow, and enhance circulation.

60min | R 1 350.00

90min | R 1 700.00

Indian Head Massage

A calming massage for the head, neck, and shoulders to relieve stress, improve circulation, and promote mental clarity.

30min | R 750.00

45min | R 850.00

Revitalising Foot Ritual

A soothing foot soak followed by a gentle scrub to remove dead skin, concluded by with a rejuvenating foot massage to restore softness and relieve tension.

45min | R 850.00

ADD-ONS

CBD	R 350
Himalayan Stones	R 350
Magnesium	R 350
Warm Oil	R 250
Gua Sha	R 400
Bellabaci Cups	R 350

QMS FACIALS

Express Facial

A quick yet effective treatment featuring a deep cleanse, exfoliation, and hydration for instantly radiant skin.

30min | R 700.00

Pure Youth Facial

A gentle yet powerful facial designed for younger skin. Helps clear impurities, control excess oil, prevent breakouts, and maintain balanced hydration.

45min | R 990.00

Collagen Reset Facial

A rejuvenating treatment that restores balance, replenishes moisture, and revitalises dull or tired skin.

Includes a mask tailored to your specific needs for enhanced results.

60min | R1 500.00

Collagen Repair Facial

Strengthens your skins' protective layer, reduces inflammation, and delivers deep hydration. Incorporates lymphatic massage techniques and reparative formulas to calm redness, boost resilience, and promote detoxification.

75 min | R1 750.00

Collagen Contour Facial

A luxurious anti-ageing treatment that restores definition and firmness.

Combines advanced collagen formulas, lifting massage techniques, and contouring masks, ideal for mature skin. Provides relaxation and relief, especially around the jaw and neck.

75min | R1 950.00

Collagen Restore Facial

A luxury anti-aging facial designed to restore firmness, volume and radiant hydration. This signature treatment features an intensive collage mask, and a sculpt defining massage to lift and contour. Improves skin elasticity by boosting collagen and elastin, and provides relaxation and relief, around the jaw and neck.

90min | R3 100.00

QMS FACIALS CONTINUED

QMS Facial Enhancements

Collagen Stem Cell Mask	15min	R 750.00
<i>Advanced repair treatment for regeneration and anti-ageing.</i>		
Activator Mask	15min	R 550.00
<i>Boosts hydration and restores radiance.</i>		
Collagen Lip Mask	15min	R 450.00
<i>Smooths fine lines, plumps, and deeply hydrates lips.</i>		
Bright Eye Revive	15min	R 450.00
<i>Targets puffiness, dark circles, and signs of fatigue.</i>		

GROOMING

Signature Manicure <i>Nail care, scrub, massage & polish.</i>	60min	R 850
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Essential Manicure <i>Nail care & polish.</i>	30min	R 550
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Ultimate Manicure <i>Nail care, scrub, Himalayan stone massage, hand mask, & polish / gel.</i>	90min	R 990
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Signature Pedicure <i>Nail care, scrub, massage & polish.</i>	60min	R 890
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Essential Pedicure <i>Nail care & polish.</i>	30min	R 550
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Ultimate Pedicure <i>Nail care, scrub, Himalayan stone massage, foot mask & polish / gel.</i>	90min	R 950
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Soak Off Gel <i>Gel removal & nail treatment.</i>	20min	R 300
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Quick Fix <i>Repair of one / two chipped nails.</i>	20min	R 150
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Hands & Feet Enhancements

<i>Bio-Sculpture Gel Polish</i>	20min	R 200
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<i>Medi Heel Peel</i>	15min	R 250
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<i>French Nails</i>	20min	R 200
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BELLABACI SCRUBS & WRAPS

Radiance Glow

A full-body exfoliation with natural, nutrient-rich products. Gently removes dull and dry skin whilst stimulating circulation and lymphatic flow, leaving your skin feeling deeply nourished with renewed radiance.

60min | R 1 050.00

Back Scrub

Deep cleansing scrub that gently exfoliates the skin to remove impurities and dead skin, unclogs pores and revitalises the area.

60min | R 600.00

Cellulite Be Gone Wrap

Designed to refine, tone, and improve the appearance of the skin. Promotes circulation for visibly firmer and more radiant skin and helps break down fat deposits while detoxifying the body. This treatment combines cupping therapy with the application of Cellulite Be Gone ointment.

75min | R 1 200.00

WAXING

Brow Lip Chin Nose	15min	R 250
Full Face	20min	R 450
Bikini	15min	R 390
Hollywood	20min	R 500
Half Leg	20min	R 400
Full Leg	45min	R 500
Half Arm	30min	R 350
Full Arm	45min	R 450
Underarm	20min	R 300
Chest	30min	R 450
Back	45min	R 550

THREADING

Brow Lip Chin Sides	20min	R 200
Full Face	30min	R 500

DERMAPLAN

Cleanse, Tone & Dermaplan	30min	R 450
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LASHES AND BROWS

Tints

Brow Tint	15min	R 250
Lash Tint	15min	R 250
Brow & Lash Tint	15min	R 390

Lash and Brow Treatment

Brow Lamination <i>Shapes, smooths and sets brows for a more polished and full appearance.</i>	45min	R 500
Lash Lift <i>Curls and lifts your natural lashes for a wide-eyed look.</i>	45min	R 500
Brow and Lash Combo <i>Complete eye refresh.</i>	50min	R 850

MARLY MINI MENU

Ages 6-12 years old.

Mini Mani <i>Soak, scrub & polish.</i>	30min	R 350.00
Mini Pedi <i>Soak, scrub & polish.</i>	30min	R 350.00
Mini Mani & Pedi <i>Soak, scrub & polish.</i>	45min	R 600.00
Mini Massage <i>Soothing massage using our hydration & relaxation Bellabaci ointment.</i>	45 min	R 650.00
Little Glow Facial <i>Cleansing & relaxing facial using RITES children's range.</i>	30min	R 550.00

Terms & Conditions.

Children under the age of 12 must be accompanied by an adult at all times.

SIGNATURE PACKAGES

Vitality Escape 120min | R 2 450.00

Release tension with therapeutic magnesium oil, then refresh and nourish your skin with a deep, hydrating aromatherapy scrub.

- Bellabaci Radiance Glow
- 90min Magnesium Massage

Rejuvenation Retreat 120min | R 2 650.00

The Rejuvenation Retreat is a specially curated treatment package that begins with a results-driven facial designed to deeply cleanse, hydrate, and stimulate collagen for skin that feels radiant and refined. It continues with a restorative massage that melts away tension, improves circulation, and encourages natural detoxification.

- 60min Deep Tissue Massage
- QMS Collagen Reset Facial

Together in Tranquility

A shared experience of relaxation, renewal, and indulgence.

Reconnect and unwind with our exclusive couples' massage designed for harmony and bliss. Conclude your experience with a bottle of Pierre Jourdan Blanc de Blancs, enjoyed after the treatment.

- 2x Deep Tissue massage
- 1x Bottle of Pierre Jourdan Blanc de Blancs

60min | R 2 350.00

90min | R 3 290.00

Ultimate Spa Escape 5.5hrs | R 6 100.00

Elegance and pure relaxation. Begin with a Soul Food Quench body polish to deeply hydrate and exfoliate your skin. Continue with a therapeutic oil blend applied to stress points to ease tension. Followed by a radiance-enhancing facial and finishing with a luxurious manicure and pedicure for flawless hands and feet.

This package includes access to our rooftop pool with serene views, a bottle of Pierre Jourdan Blanc de Blancs, and a bouquet of classic roses.

- 1x Bottle of Pierre Jourdan Blanc de Blancs
- 1x Bouquet of Classic Roses

The ultimate 5-star escape where wellness meets sophistication.

TERMS & CONDITIONS

*All Prices Quoted Are Per Person, Per Treatment.
Excluding specified couples treatments.*

CANCELLATIONS

Cancellations made less than 24 hours before your appointment will result in the deposit being forfeited. No-shows will result in a full charge.

ARRIVALS

*Please arrive 15 minutes prior to your scheduled booking.
Late arrivals will have a shortened treatment to fit within the remaining time and will be charged in full.*

DEPOSITS

*A 50% deposit is required to secure your reservation.
The deposit must be paid within 24 hours of making the booking; otherwise, the reservation will not be confirmed. All deposits are non-refundable.*

WELLBEING

Our spa is a non-smoking environment. For your safety and comfort, we kindly request that you complete a pre-treatment consultation form. Please inform us of any allergies, medical conditions, illnesses, or injuries prior to your treatment.

AGE POLICY

*Guests under 12 years old must be accompanied by an adult at all times.
The supervising adult will be required to sign a consent form.*



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